Neil Notaroberto, M.D. Arley Jaramillo, M.D. Katie Casadaban, O.D Anna Douglass, O.D.



Metairie - Mandeville - Slidell 1-800-680-3932 EyeCare2020.org

Overview of your Cataract Surgery Process

YO	ur surgery will be: Surgery Date/ RIGHI/LEFI
	Sterling Surgical Center (Slidell,LA) Our Lady of the Lake, Slidell (Slidell, LA) Ochsner Outpatient Surgery Suite (Slidell, LA) Our Lady of the Lake Pontchartrain Surgery Center (Covington, LA) Avala (Covington, LA)
1.	Discontinue contact lens wear 3 weeks prior to your pre-operative appointment.
2.	Discontinue Flomax 2 weeks prior to your surgery date.
3.	You must receive a surgical clearance from your Doctor, this must be received at least 1 week prior to your surgery date to avoid cancellation.
4.	Return for your pre-operative appointment on/
5.	Your surgery center will call you with your surgery time. Please arrange for transportation to and from surgery, expect to be at the surgery center for 2-3 hours.
6.	Begin to use your drops from OSRX, 1 day before your surgery.
7.	Do not eat or drink anything after midnight the day before surgery. You may take your daily medications with a small amount of water. Avoid taking medications that must be taken with food.
8.	Do wear comfortable clothes and shoes, do NOT wear make-up.
9.	Follow the instructions and restrictions given to you by us and the surgery center.
10.	Your 1st post-op appointment is:/

Instructions for after your Cataract Surgery

For the 7 days following your cataract surgery

- 1. No bending or leaning over.
- 2. Do not lift anything over 10 pounds.
- 3. Do not rub your eyes.
- 4. Do not get water in your eyes. You may wash around your eyes with a warm damp cloth.
- **5.** Always wear your eye shield while sleeping to prevent accidental pressure being placed on your eye. The shield may be removed in the morning.

Please continue to follow instructions on eye drop sheet.



Slidell Office 1185 Robert Blvd. Slidell, LA 70458 985-641-2252 Mandeville Office 2 Sanctuary Blvd., Ste. 303 Mandeville, LA 70471 985-624-5058 Metairie Office 3221 N. Causeway Blvd. Metairie, LA 70002 504-737-3456

Neil F. Notaroberto, M.D. · Arley G. Jaramillo, M.D. · Anna H. Douglass, O.D. · Katie M. Casadaban, O.D.

Important Prescription Information

Your doctor has prescribed you the following medication from OSRX



Prednisolone/Moxifloxacin/Bromfenac Sterile Ophthalmic Solution

> Medication listed above includes Free USPS First-Class Mail Shipping.

How To Process Your Prescription

Once OSRX receives your order, it will be processed by the end of the following business day.

- OSRX Pharmacy will be calling you to confirm your address and take payment. If you don't receive a call in two business days, call (855) 466-1076.
- Once payment is received, your prescription will be completed and mailed directly to your home. There is no cost for shipping.
- Text alert. When your order ships, you will receive a text message with your tracking information.
- 4 Check your mail. Your medication will be arriving via USPS First-Class Mail (3-7 days depending on location).

OSRX Pred+Moxi+Brom	Drop Sc	hedule
---------------------	----------------	--------

Surgery Date:	/	/
1	Пріснт	DIEET

WEEK 1

1 Day **BEFORE** Surgery

B'fst Lun Din Bed

Post-Op Schedule



Surgery Date	B'fst	Lun O	Din O	Bed
Day 2	0	0	0	0
Day 3	0	0	0	0
Day 4	0	0	0	0
Day 5	0	0	0	0
Day 6	0	0	0	0
Day 7	\cap	\cap	\cap	\cap

A A 100 100 1 / 100			
Day 8	B'fst	Lun O	Bed
Day 9	0	0	0
Day 10	0	0	0
Day 11	0	0	0
Day 12	0	0	0
Day 13	0	0	0
Day 14	0	0	0

WEEK 2

WEEK 3			WEEK 4		
	B'fst	Bed		Bed	
Day 15	0	0	Day 22	0	
Day 16	0	0	Day 23	0	
Day 17	0	0	Day 24	0	
Day 18	0	0	Day 25	0	
Day 19	0	0	Day 26	0	
Day 20	0	0	Day 27	0	
Day 21	0	0	Day 28	0	